

# Gretchen Arndt, MSN, FNP-C, CCRN

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## EDUCATION

<b>Post-MSN Specialty Certification in Endocrinology</b> <i>Duke University, Durham, NC</i>	August 2022
<b>Master of Science in Nursing, Family Nurse Practitioner</b> <i>University of Cincinnati, Cincinnati, OH</i>	December 2021
<b>Bachelor of Science in Nursing</b> <i>Denver College of Nursing, Denver, CO</i>	June 2016
<b>Bachelor of Arts in Integrative Physiology</b> <i>University of Colorado, Boulder, CO</i>	May 2012

## LICENSURE

<b>Advance Practice Nurse Practitioner – Family</b> <i>Colorado Board of Nursing, License # 0997309</i>	January 2022 – Present
<b>Nurse Practitioner – RXN</b> <i>Colorado Board of Nursing, License # 0106348</i>	January 2022– Present
<b>Registered Nurse</b> <i>Colorado Board of Nursing, License # 1642598</i>	August 2016 – Present

## CERTIFICATIONS

<b>Family Nurse Practitioner-Certified</b> <i>American Association of Nurse Practitioners</i>	January 2022 – Present
<b>Critical Care Registered Nurse</b> <i>American Association of Critical Care Nurses</i>	November 2018 – Present
<b>Advanced Care Life Support</b> <i>American Heart Association</i>	October 2016 – Present
<b>Basic Life Support</b> <i>American Heart Association</i>	October 2016 – Present

## PROFESSIONAL POSITIONS

<b>Instructor of Medicine, Division of Endocrinology, Diabetes, and Metabolism</b> <i>University of Colorado, School of Medicine, Aurora, CO</i>	October 2022 – Present
<ul style="list-style-type: none"><li>• Provide direct patient care, clinical follow-up, and lab review in collaboration with the diabetes, metabolism and endocrinology team</li><li>• Manage intensive diabetes regimens through non-insulin therapies, multiple injections and insulin pump therapy</li><li>• Metabolic management of metabolic dysfunction-associated steatotic liver disease</li><li>• Identify, evaluate, and modify appropriate plan of care tailored according to individual patient needs and preferences</li><li>• Implement appropriate patient education in order to promote self-management of care</li></ul>	

## RN EXPERIENCE

<b>Clinical Nurse</b> <i>Medical ICU, University of Colorado Hospital, Aurora, CO</i>	October 2016 – Present
<ul style="list-style-type: none"><li>• Level II Clinical RN, relief charge nurse, and clinical nurse preceptor</li><li>• MET/CODE response team, IO certified, US IV certified</li><li>• Manage respiratory failure, ventilators, shock, oncologic emergencies, gastrointestinal bleeds, post-cardiac arrest care, pulmonary hypertension, liver failure, endocrine emergencies and renal failure requiring continuous dialysis (CRRT)</li><li>• MINDs Alcohol Withdrawal Pathway unit champion</li><li>• Post-Cardiac Arrest Pathway development with Critical Care COGG</li><li>• Multidisciplinary Quality Improvement: ABCDEF Bundle Nurse Representative</li></ul>	

## ADDITIONAL EXPERIENCE

<b>Advanced Care Partner</b>	December 2015 – October 2016
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*Medical ICU, University of Colorado Hospital, Aurora, CO*

- CNA duties while able to perform foundational nursing skills

**EMT-Basic Clinical Internship**

August 2011 – May 2012

*Front Range Community College*

- Clinical internship with rotations at Pridemark Paramedics, Boulder Community Hospital ED, and Longmont United ED

**HOSPITAL SERVICE**

**Inpatient Diabetes Committee, Co-Chair**

July 2021 – October 2022

*University of Colorado Hospital, Aurora, CO*

**Inpatient Diabetes Committee, Medical ICU RN Representative**

January 2020 – October 2022

*University of Colorado Hospital, Aurora, CO*

**Medical ICU Quality and Safety Council**

July 2018 – June 2022

*University of Colorado Hospital, Aurora, CO*

**Alaris Pump Committee**

July 2017 – June 2022

*University of Colorado Hospital, Aurora, CO*

**FELLOWSHIPS, AWARDS, AND HONORS**

Post-MSN Specialty Certification in Endocrinology

August 2022

*Duke University, Durham, NC*

Summa Cum Laude

August 2022

*Duke University, Durham, NC*

Magna Cum Laude

December 2021

*University of Cincinnati, Cincinnati, Ohio*

Dean's List

*Denver College of Nursing, Denver, CO*

June 2016

**PROFESSIONAL MEMBERSHIPS**

American Diabetes Association

2021

American Academy of Clinical Endocrinologist

2021

Endocrine Society

2021

**POSTER PRESENTATIONS**

**Capstone Session, University of Cincinnati, Cincinnati, OH**

December 2021

Glucose-Lowering Medications in Type 2 Diabetes: Primary and Secondary Prevention of ASCVD and Heart Failure

**Nurse Residency Program, University of Colorado Hospital, Aurora, CO**

October 2017

Multidisciplinary Mechanical Ventilation Liberation Pathway

**DIADACTIC SESSIONS**

Journal Club: Inpatient Diabetes Management & COVID-19

April 2022

*University of Colorado Hospital, Aurora, CO*

Emerging Pharmacotherapeutics in Advanced Diabetes Management: Medtronic Minimed 770G System February 2022

*Duke University, Durham, NC*

Post-Cardiac Arrest Pathway, Skills Lab

September 2019

*University of Colorado Hospital, Aurora, CO*

**COMMUNITY SERVICE**

**Grant Writer**

September 2013 – September 2014

*Nicaragua Nonprofit Network, Boulder, CO*

- Grant writing and submission
- Collaboration with other non-profit health outreach groups to develop a universal EMR network in Chacraseca, Nicaragua

**Director of Development**

September 2012 – September 2014

*Health Outreach for Latin America, Boulder, CO*

- Community health outreach in Chacraseca, Nicaragua consisting of primary care clinic, veterinary clinic, and public health education

- Fundraising, new member training, and two annual community health outreach trips